

CLINICAL  
CRANIAL  
TRAININGS  
FOR THE  
PRACTICING  
CHIROPRACTOR

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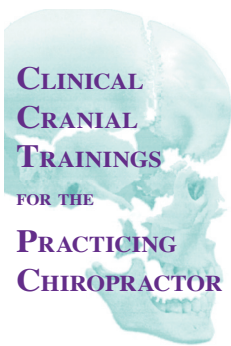
A COMPREHENSIVE  
WORKSHOP SERIES

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## COURSE OUTLINE 1 of 3

### MODULE I:

- a) ORIENTATION
- b) PRESENCE, NEGOTIATION, PALPATION, PERCEPTION & THE CONCEPT OF "THE INHERENT TREATMENT PLAN"
- c) GENERAL CRANIAL MOBILIZATION
  1. Venous Sinus Technique
  2. Occipito-Atlantal Decompression
  3. "Spider Walk"
    - Occipital-Mastoid Decompression
    - Simultaneous Sagittal & Lambdoidal Sutural Decompression
    - Simultaneous Coronal-Sagittal (anterior aspect) - "Metopic" Sutural Decompression
  4. Simultaneous Facial Sutural Decompression
  5. "Around The Clock"
    - Classic Temporal Hold
    - Temporo-Zygomatic Sutural Decompression
    - Pterion Decompression
    - Parietal Lift
  6. Nasio-Ethmoid-Frontal Decompression
  7. Transverse Intracranial Membranous Decompression
  8. Frontal Lift (General Facial and Simultaneous Falx and Spheno- Basilar Decompression)
  9. Reciprocal and Synchronous Temporal Rocking
  10. TMJ Decompression (Extraoral)
  11. Sacrum and Lumbo-Sacral Decompression
  12. CV IV and EV IV



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## COURSE OUTLINE

2 of 3

### MODULE II:

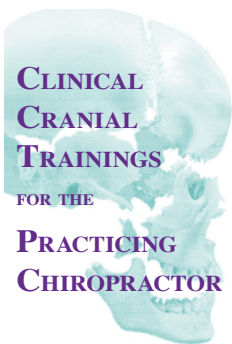
#### SPHENO-BASILAR/MEMBRANOUS RELEASES

1. Flexion – Extension
2. Right and Left Side Bending Rotation
3. Right and Left Torsion
4. Right and Left Lateral Strain
5. Superior and Inferior Vertical Strain
6. Decompression
7. Spheno-Basilar “Stacking”
8. Cranial Distortional Patterns and their organizing fulcra

### MODULE III:

#### INTRAORAL/ TMJ RELEASES

1. Maxilla/Palatine/Sphenoid Relationship
  - a) Right and Left Torsion
  - b) Right and Left Shear
  - c) Compression – Decompression
2. Maxillary-Palatine-Vomer-Sphenoid Release
3. Intermaxillary/Palatine Decompression (External/Internal Rotation – Flexion/Extension)
4. Zygoma Release
5. Lateral Pterygoid/Temporalis/Masseter Releases
6. “Oral Diaphragm” Release (Floor of Mouth)
7. Medial Pterygoid Release
8. Individual Teeth (inertial fulcrum releases)
9. TMJ Decompression (Intraoral)



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## COURSE OUTLINE 3 of 3

### MODULE IV:

#### FULL BODY IMPLICATIONS OF CRANIAL SACRAL TRAUMATIC DISTORTIONAL PATTERNS (e.g. Birth Trauma, Head Injury, etc)

1. An exploration of neuro-myofascial implications of trauma and shock in babies, children and adults.
2. An exploration of somatically oriented non-invasive approaches to resolution of CNS traumatic overload in babies, children and adults (possibly contributing to ADHD, Autism, PTSD, Fibromyalgia, Chronic Fatigue Syndrome, etc), utilizing tools learned in modules 1-3.